Hadley

Getting into a Car Sample

Outings with family and friends may include someone helping us get into a car. With a few steps and a little practice, this can be done quite smoothly.

If the door is closed, ask the person guiding to locate the door handle. Hold on to their guide arm while they place their hand on the door handle. Then we slide our hand down their arm to find the handle. Before opening the door, we put our other hand on the roof of the car. This tells us how much to duck our head as we get into the vehicle.

**Ed:** Now that you've had a chance to learn a bit with us, we'd like to learn more about you. Your name, email address, how you heard about Hadley, and your relationship to vision loss. Learning more will give us a better understanding of how to personalize Hadley just for you. And don't worry, everything you share with us online will be kept safe and secure. Of course if you'd prefer to talk through these questions, we're just a phone call away, at 800-323-4238.

Taking these few steps saves your preferences so you can continue right where you left off and track your progress every time you log on. Plus, it connects you to the Hadley community and helps sustain our funding to keep Hadley free of charge. And last but not least, it gives you direct access to experts like me. Now, where were we?