Hadley

Hair Care Sample

Here's something we've all done, thought we're grabbing the shampoo bottle. Turns out, it was conditioner. Well, we'd like to offer a few tweaks to your hair care routine that can help you avoid those oops.

One of the first things you can do is create a home for all your hair care products, and home just means a specific place where you keep all your products together. That way, they're right where you need them every time. And if that home or place has better lighting and/or more contrast than the rest of the room, even better.

Now, when it comes to the specific products themselves it can be really helpful to use bottles or containers in different shapes, heights, and colors. For instance, if the condition is always in a big, rounded bottle, the shampoo is the short slender bottle, and the body wash bottle is bright red, it'll be easier to grab the one you need at the time.

**Ed:** Now that you've had a chance to learn a bit with us, we'd like to learn more about you. Your name, email address, how you heard about Hadley, and your relationship to vision loss. Learning more will give us a better understanding of how to personalize Hadley just for you. And don't worry, everything you share with us online will be kept safe and secure. Of course, if you'd prefer to talk through these questions, we're just a phone call away at 800-323-4238.

Taking these few steps, saves your preferences so you can continue right where you left off and track your progress every time you log on. Plus, it connects you to the Hadley community and helps sustain our funding to keep Hadley free of charge. And last, but not least, it gives you direct access to experts, like me. Now, where were we?