Hadley

Restrooms Sample

I don't know about you, but the first thing I do whenever I'm out in a public place and I'm going to be there for awhile, I find the bathroom. And it's not just about knowing where it is, you'll also want to know your way around once you're in there so things don't get awkward, if you know what I mean. So, that's what we're gonna work on right now.

Finding and navigating the men's room confidently and independently. Of course, there's no harm in just asking someone which way to go. Just make sure to ask for very specific directions, like go left, straight ahead, and so on. And once you do find the bathroom, is it to the left of the concession stand, is it directly across from the entrance? Try to create landmarks that'll help you keep track of where it is should you need to go back.

A lot a public places have a sign on the bathroom door in braille and even if you don't read braille, here's a handy tip that'll keep you from going into the ladies room by mistake. The braille on the men's door will have less characters.

**Ed:** Now that you've had a chance to learn a bit with us, we'd like to learn more about you, your name, email address, how you heard about Hadley and your relationship to vision loss. Learning more will give us a better understanding of how to personalize Hadley just for you. And don't worry, everything you share with us online will be kept safe and secure. Of course if you prefer to talk through these questions, we're just a phone call away at 800-323-4238.

Taking these few steps saves your preferences so you can continue right where you left off and track your progress every time you log on. Plus it connects you to the Hadley community and helps sustain our funding to keep Hadley free of charge. And last but not least, it gives you direct access to experts like me. Now where were we?