Hadley

Telling Time Sample

It's happened to all of us. A good friend you haven't spoken to in a while phoned out of the blue. You were having such a great time catching up, that you lost all track of time. The problem is, you ended up 20 minutes late for an appointment. If only you'd had an audible reminder, or discrete alarm, you could've ended the call and made it on time. Keeping track of time is essential to move through your day smoothly. And the more ways you have to tell time, the better.

Did you know that there are watches and clocks designed specifically for low vision? They have large numbers that are easier to see. Alarms that are easier to set. And a lot of them have different color displays, so you can choose which one works best for you. Just make sure the hands are easy to see against the background. For instance, a watch that has a dark or black face, with white hands, has better contrast. So it's easier to see.

**Ed:** Now that you've had a chance to learn a bit with us, we'd like to learn more about you, your name, email address, how you heard about Hadley and your relationship to vision loss. Learning more will give us a better understanding of how to personalize Hadley just for you. And don't worry, everything you share with us online will be kept safe and secure. Of course if you prefer to talk through these questions, we're just a phone call away at 800-323-4238.

Taking these few steps saves your preferences so you can continue right where you left off and track your progress every time you log on. Plus it connects you to the Hadley community and helps sustain our funding to keep Hadley free of charge. And last but not least, it gives you direct access to experts like me. Now where were we?