Hadley

Vacuuming and Mopping

Okay, so vacuuming and mopping won’t ever win any awards for most fun thing you can do in a day. But you can still get the job done thoroughly and confidently regardless of your level of vision.

The first thing you’ll want to do is walk on the floor with bare feet. Stepping on something gritty, sticky or crunchy lets you know you’ve got a dirty floor and where to focus your efforts.

Of course, when you have a cleaning schedule in place, you won’t be waiting until it gets to this point. And most likely, you won’t have to scrub or work as hard if you vacuum and mop regularly.

Now, with a new vacuum or before you use it for the first time, it’s a good idea to go over and label the different parts. Be sure to mark the settings that control the height of the beater bar in case you need to raise it for carpets and lower it for bare floors. You’ll find more tips on labeling in Hadley’s labeling workshops. Check them out.

Ed Haines: Now that you've had a chance to learn a bit with us, we'd like to learn more about you. Your name, email address, how you heard about Hadley and your relationship to vision loss.

Learning more will give us a better understanding of how to personalize Hadley just for you. And don't worry, everything you share with us online will be kept safe and secure. Of course, if you prefer to talk through these questions we're just a phone call away at 800-323-4238. Taking these few steps saves your preferences so you can continue right where you left off and track your progress every time you logon.

Plus it connects you to the Hadley community and helps sustain our funding to keep Hadley free of charge. And last but not least, it gives you direct access to experts like me. Now, where were we?