Hadley

Finding Things You’ve Dropped Sample

You took your credit card out of your pocket to put it back in your wallet. In the process, you dropped it. But all was not lost, because you heard where it landed and then, you searched a small area at a time until you found it. Nice, those are just a few of the things you'll be learning here to help you safely and more quickly find things that have been dropped or misplaced.

First off, when you drop something, listen to hear where it lands. Of course, on a carpeted surface, things will be harder to hear, but they're also less likely to go as far like they could on a hard surface. If you hear it drop right beside you, squat straight down at the knees or kneel right where you're standing. Be sure not to bend at the waist and risk bumping your head into something. For more tips like that one to help you move around safely, check out our Protective Techniques workshop.

**Ed:** Now that you've had a chance to learn a bit with us, we'd like to learn more about you, your name, email address, how you heard about Hadley and your relationship to vision loss. Learning more will give us a better understanding of how to personalize Hadley just for you. And don't worry, everything you share with us online will be kept safe and secure. Of course, if you'd prefer to talk through these questions, we're just a phone call away at 800-323-4238.

Taking these few steps saves your preferences so you can continue right where you left off and track your progress every time you log on. Plus it connects you to the Hadley community and helps sustain our funding to keep Hadley free of charge. And last but not least, it gives you direct access to experts, like me. Now, where were we?