Hadley

Backyard Games Sample

Whether it's bocce ball, horse shoes, or bean bag toss, playing backyard games is a fun way to enjoy the sunny days, socialize, and get into a bit of friendly competition. And the good news is there are lots of ways to adapt outdoor games and equipment so that vision loss doesn't get in the way of the fun.

Now, speaking of sunny days, the first thing to do is to wear sunglasses and a wide brim hat to help block glare and protect your eyes. And when it comes to the games themselves, a key tip is to think of ways to make things larger and brightly colored so that you can see them better.

For instance, if you're playing bocce ball or lawn bowling, try using a baseball or softball as the target, instead of the standard small white ball that comes with the game. A baseball or softball is easier to see, especially in high grass.

**Ed:** Now that you've had a chance to learn a bit with us, we'd like to learn more about you, your name, email address, how you heard about Hadley, and your relationship to vision loss. Learning more will give us a better understanding of how to personalize Hadley just for you, and don't worry, everything you share with us online will be kept safe and secure. Of course, if you'd prefer to talk through these questions, we're just a phone call away at 800-323-4238.

Taking these few steps saves your preferences so you can continue right where you left off and track your progress every time you log on. Plus, it connects you to the Hadley community and helps sustain our funding to keep Hadley free of charge. And last but not least, it gives you direct access to experts like me. Now, where were we?