Hadley

Beginner Techniques for Better Reading Sample

Knowing how to place your hands and move them across the page smoothly will help you get more comfortable with your braille reading. And with a little practice you'll begin to read faster and more accurately, which helps you enjoy your reading even more. So let's jump in and get started.

The first step is to get into a comfortable position. Begin by sitting at a table or using a lap table or tray so you can place your book or paper at about waist level. Set up your reading material at the correct angle with the bottom edge parallel to you. And if you like use a non-slip mat or a piece of shelf liner to help keep it in place. It also helps to sit up straight and to relax your arms and shoulders as you rest your hands lightly on the page.

**Ed:** Now that you've had a chance to learn a bit with us, we'd like to learn more about you, your name, email address, how you heard about Hadley, and your relationship to vision loss. Learning more will give us a better understanding of how to personalize Hadley just for you. And don't worry, everything you share with us online will be kept safe and secure. Of course, if you prefer to talk through these questions, we're just a phone call away at 800-323-4238.

Taking these few steps saves your preferences so you can continue right where you left off and track your progress every time you log on, plus it connects you to the Hadley community, and helps sustain our funding to keep Hadley free of charge. And last but not least, it gives you direct access to experts like me. Now, where were we?