



Facebook for Low Vision

Uploading Your Mobile Phone Contacts to Facebook

Android Instructions

1. In the top right of Facebook, select the **Menu/Navigation** icon. It looks like **three parallel horizontal lines** (also called a **hamburger**).
2. Select **Settings and Privacy**.
3. Select **Settings**.
4. Scroll down to **Permissions** and tap **Upload Contacts**.
5. Select the **Continuous Contacts Upload** toggle button.
6. Select **Get Started**.

iPhone Instructions

7. In the bottom right of Facebook, select the **Menu/Navigation** icon. It looks like **three parallel horizontal lines** (also called a **hamburger**).
8. Select **Settings and Privacy**.
9. Select **Settings**.
10. Scroll down to **Permissions** and select **Upload Contacts**.
11. Select the **Upload Contacts** toggle button.
12. Select **Get Started**.