

Safety Basics

Disaster Kit: The Complete Check List

Paperwork

- ⑥ Emergency contact information
- ⑥ Copies of credit cards and personal documents
- ⑥ Your evacuation plan in print and in accessible formats

Health Supplies

- ⑥ First aid kit
- ⑥ Prescription medications

Food and Water

- ⑥ High-protein, high-calorie foods: one good meal per person per day
- ⑥ Two weeks' supply of drinking water: one gallon per person per day, more if you have a service animal or pet
- ⑥ Paper plates, plastic utensils, plastic bags, and aluminum foil
- ⑥ Foods for a special diet

Gear

- ⑥ Protective outerwear
- ⑥ Extra clothes
- ⑥ Sturdy shoes

- ⑥ Blankets
- ⑥ Small toy or stuffed animal to bring comfort to a child
- ⑥ Large duffel bags or trash bags to carry your necessities

Tools

- ⑥ Powerful flashlight and fresh batteries
- ⑥ Emergency candles and waterproof matches
- ⑥ Extra fuses
- ⑥ Battery-powered radio or TV for up-to-date information
- ⑥ Nonelectrical can opener
- ⑥ Sharp knife
- ⑥ Razor blades
- ⑥ Candle warmer and candles, or fondue pot
(Avoid using camp stoves, small grills, and similar implements.)
- ⑥ Talking, braille, or large-print clock with extra batteries
- ⑥ Cell phone with charged battery

Mobility and Vision Aids

- ⑥ At least one extra white cane, or several stored in various locations
- ⑥ Extra vision aids like magnifiers and glasses
- ⑥ Leash, collar, harness, ID tags, medical records for your service animal and your other pets