

Alternate Method for Threading Self-Threading Needles

Here is another way to thread a self-threading needle when sewing by hand:

1. Hold your index finger sideways. Then loop a few inches of thread over your finger.
2. Hold the loose end of the thread between the thumb and middle finger of the same hand. Gently pull, until the thread on both sides of your finger is taut.
3. Hold the self-threading needle sideways with your other hand. Hold it close to the top for better control. Stabilize it in a pin cushion, cork, or bar of soap.
4. Slide the needle alongside the index finger that has the thread over it. You'll feel tension when the V-slot catches on the thread.
5. Gently push the needle until you hear and feel the click.

