

Alternative Ways for Telling Time

Some alternatives for telling time may be helpful when you want to check the time discretely or if you have a hearing loss. These options can help, no matter your level of vision.

Braille Watches

- You don't have to know braille to use a braille watch. Raise the cover and feel the hands on the watch face.
- There are three raised marks at the 12 o'clock position, two raised dots at the 3, 6, and 9 o'clock positions, and a single dot at the other clock positions.
- A braille watch is easy to use. Just lift the cover, and then put your finger in the middle of the face, right where the minute and hour hands meet. Follow each hand to the edge to tell its clock position.
- Braille watches come in men's and women's styles. The face is larger on the men's version and may be easier to read for both men and women.
- You can lift the cover up from either the 3 o'clock or 6 o'clock position. Close the cover completely after feeling the hands. This way, the open cover won't bump or get caught on anything.
- Braille smart watches work with a smart phone to show the time in actual braille. Ask a Learning Expert for more details and vendors.

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Vibrating Clocks and Watches

- These clocks and watches also let you keep track of time or set an alarm for a given time.
- Vibrating clocks wake you up by vibration or shaking. Some styles fit under a pillow, and others fit under the mattress.
- Vibrating clocks and watches can be a good option if you have a hearing loss.
- You can set alarms on your smart phone to vibrate.