## 

Insights and Sound Bites

Survive, adapt, overcome

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**Marc:** This is Hadley’s Insights and Sound Bites. Where people facing vision loss share insights about what has helped them cope and adjust.

**Larry:** I mean, I was in a fog, a funk if you will. I was shell-shocked that I'd been, I can see, but I can't see. I shouldn't drive. What does that mean? How do I make a living? How do I do the things that I did in life? How do I recreate? How do I associate with people when I can't recognize them? I just see blobs. I mean, they're severely out of focus, and the further away they are from me, the harder it is for me to identify them.

It's an unnerving time because you really don't know what to expect. What's going to happen? How am I going to do this? And at some point, you get through the 'why me' stage, and then you've got to get back to your core beliefs, your faith, your training. In my case, it was the army. The survive, adapt, overcome. And once you get that on board, and once you realize that your wife is in it for the long haul. God bless her. She's been with me 40 years. You can do it, but when you first get it, it's tough. It's rough.

**Marc:** You never know who might need to hear your story. To share with us, just leave us a message on our “Insights and Soundbites” voicemail by calling 847-512-4867. Or you can use your smartphone or computer and email it to podcast@hadley.edu.