Hadley

I’ll do it the best I can

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**Marc:** This is Hadley’s Insights and Sound Bites, where people facing vision loss share what has helped them cope and adjust.

**Sheri:** This is Sheri Robinson. I am calling from Middlesex, North Carolina.

When I first lost my sight, it was so quick and so unexpected that it really threw me for a loop. So many things I did were visual, as far as painting and

reading, and cross-stitching. To have all that taken away, just I didn't know what to do with myself.

And the one thing that saved me were my horses because I still had to go out and feed them. They didn't care if I was blind or not, they still needed to be taken care of, and there was nobody else around to do it. So, I got innovative. I had my sister help me put a rope up from my dog fence to the barn, and so I could still go out and feed my horses.

So, I try not to be defeated. I go out every day thinking this I can do, and I will do it to the best I can. And I think that saved me more than anything.

**Marc**: You never know who might need to hear your story. If you’d like to share with us, just leave us a message on our Insights & Sound Bites voicemail. By calling, 847-512-4867. Or, you can use your smartphone or computer and email us a recording to podcast@HadleyHelps.org.