Hadley

My why me turned into why not me?

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**Marc:** This is Hadley’s Insights and Sound Bites, where people facing vision loss share what has helped them cope and adjust.

**Saras:** Good afternoon. My name is Saraswati Reddy. I'm calling from Millbury, Massachusetts.

In the beginning, I was kind of very upset naturally to hear that I was diagnosed with retinitis pigmentosa.

The anger, the depression, the agitation I went through, the frustration. To be honest with you, sometimes I do feel difficulty in doing certain things, certain tasks, and I live alone because I lost my husband three and a half years ago. And, I guess it's a natural thing for everybody. We are all human, and you say, why me? But then, I seem to hear this little voice saying, why not you?

You have the confidence and faith. It gives me the courage to keep going and then I look up and say, okay, I know I'm blind, but I look forward and upward with hope and forward to keep going.

**Marc**: You never know who might need to hear your story. If you’d like to share with us, just leave us a message on our Insights & Sound Bites voicemail. By calling, 847-512-4867. Or, you can use your smartphone or computer and email us a recording to [podcast@HadleyHelps.org](mailto:podcast@HadleyHelps.org).