Hadley

That really sustained me

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**Marc:** This is Hadley’s Insights and Sound Bites, where people facing vision loss share what has helped them cope and adjust.

**Stacy:** Hi, my name is Stacy and I'm from Denver, Colorado. I have Stargardt's disease, so my vision loss has been gradual. I still work in a retail warehouse. One reason I can manage that is because it's my home. I've been there for 15 years.

I have increasing problems with recognizing people, and unfortunately, I work with numbers and they're random. I can still read. It's harder and harder all the time, but I've been able to make it because I work with a group of people who are aware of what's going on, and they come in and help me.

The things that help me is of the people I work with, one. Two, a very good friend of mine who loves me very much and we've worked together, she told me that what I had to contribute was intangible, that I developed young leaders, that my feedback was invaluable because I'm a very honest person, and that really sustained me. I thought two years ago I was just going to have to quit, and her words resonate with me all the time.

**Marc**: You never know who might need to hear your story. If you’d like to share with us, just leave us a message on our Insights & Sound Bites voicemail. By calling, 847-512-4867. Or, you can use your smartphone or computer and email us a recording to podcast@HadleyHelps.org.