Hadley

Sweeping Sample

When you know how to do it thoroughly and confidently, sweeping the floor can be a gratifying chore, no matter your level of vision. So, let’s get right to it.

The first thing you’ll want to know is what’s on the floor. Stepping on something gritty, sticky or crunchy lets you know you’ve got a dirty floor. Of course, when you have a cleaning schedule in place, you won’t be waiting until it gets to this point. And most likely, you won’t have to scrub or work as hard if you sweep regularly.

First, clear the area of small objects like shoes, books, and toys. Now, put a mark near the top of the handle with contrasting tape or a raised mark you can feel on the broad side of the broom to know your broom is positioned correctly.

Use furniture, appliances, doors, and walls as landmarks to divide the room into 3 to 4-foot sections. Keeping the sections 3 to 4 feet makes the area easier to manage just by extending your arms with the broom. And if you’re not ready to attempt cleaning an entire room, just practice in a small area first.

(Narrator): Now that you've had a chance to learn a bit with us, we'd like to learn more about you. Your email address, name, how you heard about Hadley, and your relationship to vision loss. Learning more will give us a better understanding of how to personalize Hadley just for you. And don't worry, everything you share with us online will be kept safe and secure. Of course, if you'd prefer to talk through these questions, we are just a phone call away at 800-323-4238.

Taking these few steps saves your preferences so you can continue right where you left off and track your progress every time you log on. Plus it connects you to the Hadley community and helps sustain our funding to keep Hadley free-of-charge. And last but not least, it gives you direct access to the Hadley team. So now is your chance to sign up and join us.